

Consent Procedure Tips for Remote* Suicide Risk Assessment with Youth

*Remote environments include online communication platforms (e.g., Zoom, Teams) and/or the phone



Consent Form Tips

- Include information for multiple adults, including the primary caregiver and if possible, one or two emergency contacts
- Make sure the youth knows who to contact in case of crisis
- Describe risks and benefits of remote sessions
- Describe technical considerations
- Describe what you can and cannot do
- Outline expectations of service provider, youth, and caregiver
- Outline what will happen in case of crisis (i.e., when you can't keep things confidential)



Consent Procedure Tips

- Let the youth know you will not record without permission
- Make sure to talk with the youth about how you will use the webcam (if relevant)
- Make sure you are using a secure internet connection
- Make sure both you and the youth know what to do if there are technology issues
- Make sure you have contact information for at least one emergency adult contact, and know the closest emergency room to the youth
- Make sure to provide contact information for 24/7 resources



Continuity of Care

- Maintain communication with caregivers throughout the process
- Know how to securely save or share information electronically with the student and their family



Indigenous Youth

- Consider historical and current oppression and discrimination as you develop your risk assessment process
- Due to the history of colonization in Canada, youth may be fearful of being removed from their home or punished. Be ready to discuss this.
- Incorporate different languages into the risk assessment process if possible and of interest to the youth and their caregiver(s)



Newcomer, Immigrant, Refugee Youth

 Provide services that are culturally sensitive and available in different languages



 Include trans and nonbinary options on all records

Youth

 Make the gender identity field is one that youth fill in themselves (i.e., without pre-specified options)

To see the references that contributed to the creation of this infographic, please go to https://tinyurl.com/y6765d9m. For the full Knowledge Synthesis report that supported this infographic, please go to https://cihr-irsc.gc.ca/e/52042.html. Funding for this work was provided by the Canadian Institutes of Health Research.