



School Mental Health Professional Boundaries for Remote* Suicide Risk Assessment with Youth

*Remote environments include online communication platforms (e.g., Zoom, Teams) and/or the phone.



It is important to make sure that youth and caregivers know when you are available.

Let the student/caregiver(s) know who to contact when you are not available.



Consider Coverage for Time Away

Arrange coverage periods if possible, and let youth know when you will be away.



Consider Confidentiality

Connect with youth and caregivers using institutional devices. Avoid using personal devices.



Consider Opening your Schedule

Make sure you do not have other commitments when meeting with the student so the session is not interrupted.

